



Cottons Farm Primary Academy

Subject Overview: PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fine and Gross MS Movement skills Multi-skills SPLAY (Moving On)	Fine and Gross MS Movement skills Multi-skills SPLAY (Gymnastics)	Fine and Gross MS Movement skills Multi-skills ABC Stations	Fine and Gross MS Movement skills Multi-skills Open Activities	Dance Multi-skills Ball Skills	Dance SPLAY (Athletics)
Year 1 & 2 Cycle A	Gymnastics Multi-skills ABC Stations	Dance Multi-skills Agility Activities	Gymnastics Multi-skills Coordination Activities	Dance Multi-skills Sending and Receiving	Team Games Striking Activities	Tennis Athletics
Year 1 & 2 Cycle B	Gymnastics Multi-skills ABC Stations	Dance Multi-skills Travelling	Gymnastics Multi-skills Jumping	Dance Multi-skills Sending and Receiving	Team Games Striking Activities	Cricket Athletics
Year 3 & 4 Cycle A	Gymnastics Swimming Hockey	Dance Swimming Rugby	Orienteering Swimming Football	Gymnastics Swimming Netball	Dance Swimming Cricket	Orienteering Swimming Athletics
Year 3 & 4 Cycle B	Gymnastics Swimming Hockey	Dance Swimming Rugby	Gymnastics Swimming Football	Dance Swimming Netball	Orienteering Swimming Cricket	Athletics Swimming Athletics
Year 5 & 6 Cycle A	Gymnastics Football	Dance Basketball	Dodgeball Lacrosse/Multi sports	Handball Football	Orienteering Tennis	Athletics Rounders
Year 5 & 6 Cycle B	Gymnastics Football	Bench Ball Basketball	Dance Lacrosse/Multi sports	Handball Football	Orienteering Tennis	Athletics Rounders